

Important Facts About Indoor Air Quality And Your Family's Health

The quality of the air we breathe indoors has become an increasingly important environmental concern.

Following are facts that have been determined by recognized authorities in the fields of health and air quality:

FACT:

Most people spend 60% to 90% of their time indoors. (Source: American Lung Association)

FACT:

Many illnesses are caused by, or aggravated by, polluted indoor air.

FACT:

The levels of some hazardous pollutants in indoor air have been found to be up to 70 times greater than in outdoor air. (Source: USEPA)

FACT:

Studies have shown that two out of three indoor air quality problems involve the HVAC system.

FACT:

More than 50 million American suffer from allergies or asthma.

FACT:

One out of six people who suffer from allergies do so because of the direct relationship to fungi and bacteria in air duct systems. (Source: *Total Health and Better Health Magazines*)

FACT:

Respiratory irritants can circulate within ducts and enter the room through the registers. (Source: ALA Health Home)

FACT:

Children and the elderly are specifically affected by polluted indoor air. (Source: Department of Consumer Affairs)

FACT:

Most commercially available fiberglass furnace filters are less than 7% efficient. (Source: ASHRAE)